



ST. LOUIS, MO | MONTEREY, CA | BIRMINGHAM, AL

Collegiate Program



St. Louis

Client Population:

- Men and Women age 16+ with a primary diagnosis of eating disorder

What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- ED NOS

Co-Occurring Diagnoses:

- Anxiety / OCD
- PTSD / Trauma
- Addictions
- Depression

Levels of Care:

- Residential
- Day Treatment Program-Transportation Provided
- Step Down PHP
- Intensive Outpatient Program
- Transitional Living with PHP or Step Down Program (at a small cost to client) - Transportation provided during PHP (at a small cost to client)

In Network Insurance:

- Aetna, BCBS, ComPsych, Healthlink, Humana, Magellan, Multiplan, PomCo, Value Options

1260 St. Paul Rd.
Ballwin, MO 63021
Office Line: 636.386.6611
info@castlewoodtc.com

Birmingham

Client Population:

- Men and Women age 16 + with either primary or secondary diagnosis of an eating disorder/ primary or secondary mental health

What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- ED NOS
- Anxiety / OCD
- PTSD / Trauma
- Addictions
- Mood Disorders

Levels of Care:

- Partial Hospitalization Program
- Intensive Outpatient Program
- Free Transitional Living

Castlewood at The Highlands
2807 Greystone Commercial Boulevard
Suite 36
Birmingham, AL 35242
205-552-0417

Monterey

Client Population:

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What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- ED NOS

Co-Occurring Diagnoses:

- Anxiety / OCD
- PTSD / Trauma
- Addictions
- Depression

Levels of Care:

- Residential
- Partial Hospitalization Program-Transportation Provided
- Intensive Outpatient Program
- Transitional living with PHP or Step Down Program (at a small cost to client) - Transportation provided during PHP (at a small cost to client)

In Network Insurance:

- Aetna, Anthem Blue Cross, Cigna, Compsych, Magellan, Multiplan, Value Options

Castlewood at Monarch Cove
213 Seventeen Mile Dr.
Pacific Grove, CA 93950
831-718-9595

*We can obtain single case agreements or work out of network with many other private insurance companies at all Castlewood locations.

Free Assessments Available Daily • Call Our Intake Department Today!

1.888.822.8938 | castlewoodtc.com



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Collegiate Program



Compassion • Respect • Empowerment

Residential Programs

- Close collaboration with college/ university treatment team to promote transition and maintain recovery
- Close collaboration with college/ university academic affairs and/or sports team
- Wi-Fi access for online course work
- Frequent intensive individual and family therapy to address unique aspects of the eating disorder for each client

PHP and IOP Programs

- Flexible weekday scheduling to meet student needs
- Weekend programming for those away at school during the week
- Transitional Living Apartments for local students who may benefit from peer-supported living.

“ “ *The fact that Castlewood's treatment program starts out at seven days a week and tapers down is very beneficial and helped a lot in my process. It allowed me to do the work that needed to be done, learn how to live in the world, maintain a job, learn the life skills, etc. and then be able to come back to a safe environment to process it.* ” ”

– Castlewood Alumna

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