

# Castlewood

Treatment Center for Eating Disorders

ST. LOUIS, MO | MONTEREY, CA | BIRMINGHAM, AL



## Castlewood

Treatment Centers for Eating Disorders  
ST. LOUIS, MO

### Client Population:

- Men and Women age 16+ with a primary diagnosis of eating disorder

### What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- OSFED

### Co-Occurring Diagnoses:

- Anxiety / OCD
- PTSD / Trauma
- Addiction
- Mood Disorders

### Levels of Care:

- Residential
- Partial Hospitalization Program
- Intensive Outpatient Program
- Transitional Living

### In Network Insurance:

- Aetna, BCBS, Cigna, ComPsych, Healthlink, Humana, Magellan, Multiplan, PomCo, Value Options

1260 St. Paul Rd.  
Ballwin, MO 63021

## Castlewood

at THE HIGHLANDS  
Treatment Center for Eating Disorders  
BIRMINGHAM, AL

### Client Population:

- Men and Women age 16 + with either primary or secondary diagnosis of an eating disorder/ primary or secondary mental health

### What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- OSFED
- Anxiety / OCD
- PTSD / Trauma
- Addiction
- Mood Disorders

### Levels of Care:

- Partial Hospitalization Program
- Intensive Outpatient Program
- Transitional Living

### In Network Insurance:

- BCBS, BCBS of Alabama EPS Plans, Humana, Value Options

2807 Greystone Commercial  
Boulevard, Suite 36  
Birmingham, AL 35242

## Castlewood

at MONARCH COVE  
Treatment Center for Eating Disorders  
MONTEREY, CA

### Client Population:

- Men and Women age 16+ with a primary diagnosis of eating disorder

### What We Treat:

- Anorexia
- Bulimia
- Binge Eating Disorder
- OSFED

### Co-Occurring Diagnoses:

- Anxiety / OCD
- PTSD / Trauma
- Addiction
- Mood Disorders

### Levels of Care:

- Residential
- Partial Hospitalization Program
- Intensive Outpatient Program
- Transitional Living

### In Network Insurance:

- Aetna, Anthem Blue Cross, Cigna, Compsych, Magellan, Multiplan, Value Options

213 Seventeen Mile Dr.  
Pacific Grove, CA 93950

\*We can obtain single case agreements or work out of network with many other private insurance companies at all Castlewood locations.

**Free Assessments Available Daily • Call Our Intake Department Today!**

1.888.822.8938 | [castlewoodtc.com](http://castlewoodtc.com)



ST. LOUIS, MO | MONTEREY, CA | BIRMINGHAM, AL

## Admissions Process



### WHAT TO EXPECT

Our intake counselors will:

- Be available to answer all of your questions and walk you and your client through the admissions process.
- Help gather information from the client's insurance company on benefits and eligibility so your client can make an informed financial decision.
- Complete a free intake assessment over the phone or face to face.
- Work with your client to set an admissions date and help plan transportation.

Your client will need to obtain lab work, an EKG, History and Physical examination and other medical clearance items, our team will assist in this process.

Our skilled and compassionate team at Castlewood is here to help!  
Here's how:

- Our clinical staff is willing to consult on individual cases as needed.
- Set up a free one-hour clinical assessment with our intake team to determine best fit for your client. You can do this along with the client! (Note: insurance will be verified before the appointment is set).
- If you live near one of our facilities, come tour and learn about our clinical and nutritional approach, meet our team and ask questions about effective and comprehensive eating disorder treatment. Lunch is on us!
- Tap into our list of former alumni - both parents and clients - to learn about their experience in treatment and the struggles and victories in the recovery journey.
- Attend one of our annual Preferred Provider conferences to learn more about eating disorder treatment and approaches.



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