



CW II RESIDENTIAL PROGRAM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	BREAKFAST 7:30-8:00	
Weekend Check In (Nancy/Emily) 8:15-9:15	Sexual Healing Group (Jim/Laura W.) or DBT: Ther. Interfer.Behavior (Jake) 8:15-9:15	ED Group (Rebecca/Erin) (Theresa/Tammy) 8:15-9:15 Menu Planning (Rebecca) 9:15-9:30	ED Group (Erin/Rebecca) (Theresa/Tammy) 8:15-9:15	ED Group (Erin/Rebecca) (Theresa/Tammy) 8:15-9:15	Gender, Sexuality, Intimacy & Relationships (Nancy/Jada) 8:30-9:30	Timeline Group/Biblio Therapy (Krista) 8:30-9:30	
ED Group (Erin/Rebecca) (Theresa/Tammy) 9:30-10:30	Improv Group (Laura/Marcio/Jake) 9:30-10:30	Module (Jake) 9:30-10:30	Process Group (Nancy/Emily) 9:30-10:30	Module (Travis) 9:30-10:30	Art Therapy "Part A" (Jessica) or Mindful Movement (Tammy) 10:00-11:00	SNACK 9:30-10:00	
SNACK 10:30-11:00	SNACK 10:30-11:00	SNACK 10:30-11:00	SNACK 10:30-11:00	SNACK 10:30-11:00		Yoga 10:15-11:00	
Core Group (Lori/Emily) (Nancy/Jake) 11:00-12:15	Core Group (Lori/Emily/Nancy) 11:00-12:15	Core Group (Emily/Jake) 11:00-12:15	Core Group (Emily/Lori) (Nancy/Jake) 11:00-12:15	Core group (Lori/Emily/Jake) 11:00-12:15	Art Therapy "Part B" (Jessica) 11:00-12:15	Relapse Prevention (Krista) 11:15-12:30	
THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	THERAPEUTIC MEAL PROCESSING 12:30-1:30	
Expressive Therapy "A" (Laura/Jake) or Body Image "B" (Erin) 1:30-3:00	Module (Jada) 1:30-2:30	Body Image Group "A" (Erin) or Expressive Therapy "B" (Laura/Jake) 1:30-3:00	Attachment Group (Mike) 1:30-2:30	Emotion Management (Marcio/Jake) 1:30-2:30	Cooking Group (Tammy) 1:30-2:30		
Individual Therapy/Anxiety Work/Exposures (Jake)	Individual Therapy/Anxiety Work/Exposures (Jake)	Individual Therapy/Anxiety Work/Exposures (Jake)	Individual Therapy/Anxiety Work/Exposures (Jake)	Healthy Movement (Tammy) 2:30-3:30	Exposures/ Individual sessions	OUTING ----- VISITORS	
Social Anxiety Group (Marcio/Jake) 4:30-5:30	Awareness Cultivation (Kevin) 5:30-6:00		Binge Eating Group (Katie) 4:30-5:30	Individual Therapy/Anxiety Work/Exposures (Jake)	Individual Therapy/Anxiety Work/Exposures		
Awareness Cultivation (Kevin) 5:30-6:00			Awareness Cultivation (Kevin) 5:30-6:00	Awareness Cultivation (Jake) 4:30-5:30			
THERAPEUTIC MEAL & PROCESSING 6:15-7:00	THERAPEUTIC MEAL & PROCESSING 6:15-7:00	THERAPEUTIC MEAL & PROCESSING 6:15-7:00	THERAPEUTIC MEAL & PROCESSING 6:15-7:00	THERAPEUTIC MEAL & PROCESSING 5:30-6:15	THERAPEUTIC MEAL & PROCESSING 5:30-6:15	THERAPEUTIC MEAL & PROCESSING 5:30-6:15	
SNACK 9:00-9:30	SNACK 9:00-9:30	Precontract Group 7:30 SNACK 9:00-9:30	SNACK 9:00-9:30	SNACK 9:00-9:30	SNACK 9:00-9:30	SNACK 9:00-9:30	

**AA
Meetings
Mon &
Thur:
8:00pm-
9:00pm
(offsite)**